

Our Personal Development Programme is designed to equip students with information to support them through the challenges of their formative years: the programme looks to educate and nurture students, enabling them to make informed choices in their lives so that they can keep themselves healthy, safe and happy. The programme encourages all students to be open-minded citizens and to prepare themselves for life in modern Britain. It is essential that our students know how to manage their academic, personal and social lives in a positive way - the programme works in a structured and developed way to enable this.

## Pastoral Curriculum – Year group Programme Overview 2023-2024

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1&2
Year 7	New school routines – transition to secondary school	Relationships, kindness, friendships – on and off- line	Challenging Career Stereotypes and raising aspirations	Charity, community, citizenship	First Aid
Year 8	Relationships, kindness, anti- bullying	Human Rights Options	Options and Career choices	Online safety ★	Enterprise project
Year 9	Academic resilience	Positive emotional wellbeing and managing conflict	Careers and future Pathways	Risky behaviour	Preparing for GCSEs
Year 10	Careers - Work experience applications	How to write a CV and employability skills	Preparing for Mock Exams	Revision Skills and Learning scientists	Work experience Mental health and wellbeing
Year 11	Career choices, College and personal statements	College applications and Interview preparation	Revision skills, countdown to exams, revision programme	Mental health and wellbeing	



Key to core themes of Personal Development:					
$\star$ The star symbol represents topics within the core themes that explicitly content within relationships and sex education.					
Health and wellbeing					
Living in the wider world					
Relationships					
Citizenship					
Careers					