

Tutor Time: Week B

Thursday 14th September

HB²

What does HB² stand for?

Habit Building at Henry Beaufort

- What do you think HB² is?
- What does it mean to you?
- Can you think of any key words that link to HB²

HB² is based on four key principles. Each principle is represented by a 'blob' and each blob is made up of a few key words. Each word represents a skill.

The aim of HB² is to enable you to grow into more independent and resilient learners.

HB²

Over the next few weeks we will look at each 'blob' in detail but for now we will look at HB² as a whole.

Can you name each of the four blobs?

HB²

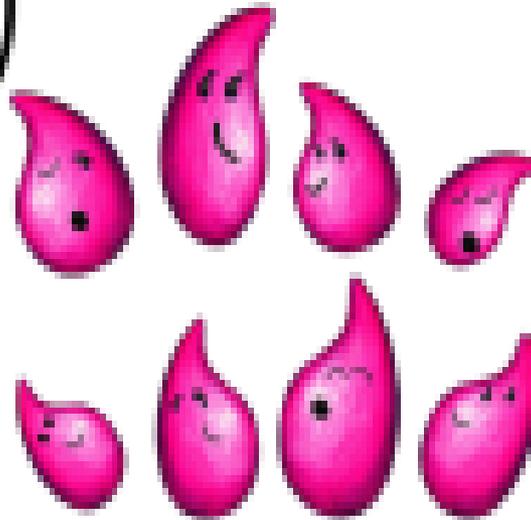
$(hb)^2$



reflective
learning

HB²

(hb)²



**mutual
learning**

HB²

$(hb)^2$



resourcefulness

HB²

(hb)²



getting unstuck

HB²



Which of the four blobs does each word / phrase belong to?

What does each one mean?



HB²

Managing Distractions

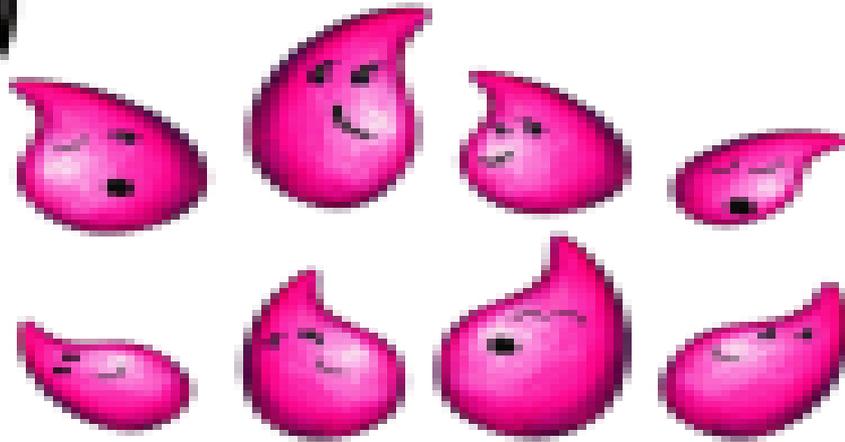
(hb)²



getting unstuck

Imitation

(hb)²



**mutual
learning**

HB²

Retain and Reuse

(hb)²



getting unstuck

HB²

Learning Honesty

(hb)²



reflective
learning

HB²

Questioning

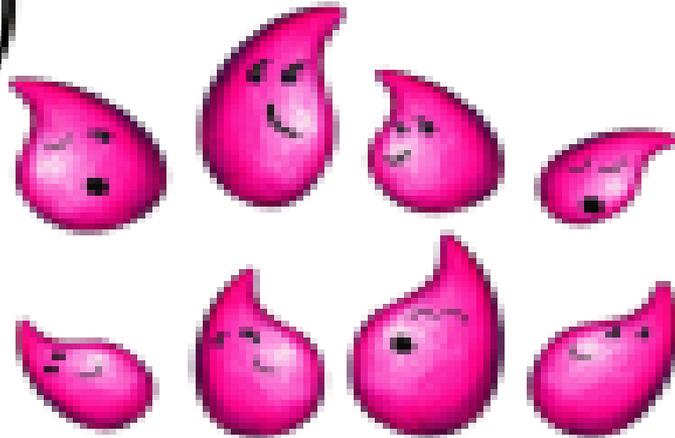
(hb)²



resourcefulness

Listening

(hb)²



**mutual
learning**

HB²

Planning

(hb)²



reflective
learning

HB²

Making Links



HB²

Stickability

(hb)²



getting unstuck

HB²

Review

(hb)²



reflective
learning

Empathy

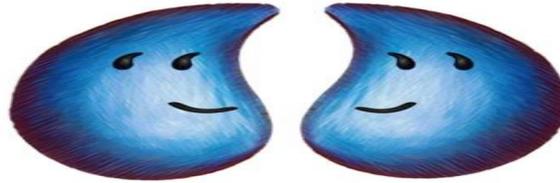
(hb)²



**mutual
learning**

HB²

(hb)²



reflective learning

Planning:

Map learning steps out in advance

Learning honesty:

An honest appraisal of yourself as a learner

Filtering:

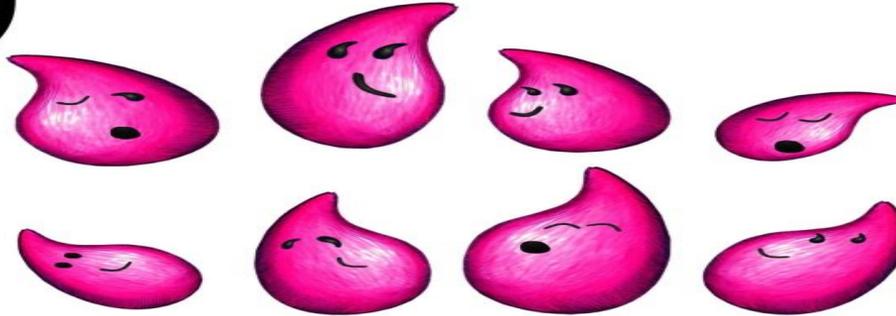
Reflect and select what will be useful to you in the future

Review:

Monitor and adapt

HB²

(hb)²



**mutual
learning**

Learning give and take:

Have the confidence to work things out for yourself while accepting other people's ideas.

Imitation:

Use the good learning habits and values of others.

Listening:

Think about what you're hearing.

Empathy:

Stand in others peoples shoes.

Learning -with others

HB²

(hb)²



resourcefulness

Questioning:

Delve deeper – don't take things at face value.

Using your initiative:

Make good use of resources.

Making links:

Seek clarity, relevance, meaning and connections

Reasoning:

Think rigorously and methodically

Imagining:

Use creative ways to explore possibilities

HB²

(hb)²



getting unstuck

Retain and reuse:

Store the information and the skills to use in other subjects.

Managing distractions:

Recognise and reduce interruptions to your learning.

Absorption:

Be engaged and find enjoyment in every task.

Noticing:

Recognise your capabilities and learning style.

Work to your strengths.

Stickability:

Persevere with challenges, enjoy the struggle.

Find the positive in your mistakes.



**The HENRY
BEAUFORT School**

At The Henry Beaufort School there are no limitations to individual success; we do not accept mediocrity or complacency

HB²

(hb)²

**Picking up good learning habits =
Success at Henry Beaufort**



habit building
Is in the palm of your hand



reflective

- Planning:*
Map learning steps out in advance
- Learning honesty:*
An honest appraisal of yourself as a learner.
- Filtering:*
Reflect and select what will be useful to you in the future.
- Review:*
Monitor and adapt



mutual learning

- Learning give and take:*
Have the confidence to work things out for yourself while accepting other people's ideas.
- Imitation:*
Use the good learning habits and values of others.
- Listening:*
Think about what you're hearing.
- Empathy:*
Stand in others peoples shoes.
- Learning -with others*



getting unstuck

- Retain and reuse:*
Store the information and the skills to use in other subjects.
- Managing distractions:*
recognise and reduce interruptions to your learning.
- Absorption :*
Be engaged and find enjoyment in every task.
- Noticing:*
Recognise your capabilities and learning style. Work to your strengths.
- Stickability:*
Persevere with challenges, enjoy the struggle. Find the positive in your mistakes.



resourcefulness

- Questioning:*
Delve deeper – don't take things at face value.
- Using your initiative:*
Make good use of resources.
- Making links:*
Seek clarity, relevance, meaning and connections
- Reasoning :*
Think rigorously and methodically
- Imagining :*
Use creative ways to explore possibilities

HB²

Can you think of any examples of when you have used any aspect of HB² since you started back last week?

e.g - I learned about temperature in Science and then I had to apply my knowledge in Geography as we were learning about climate (**Getting Unstuck - retain and reuse**)

(hb)²



getting unstuck

HB²

Look at the HB² display in your tutor room or the HB² pages in your planner.

Use these to identify an area of HB² that you feel confident using and one area that you think you need to develop.

Share these with your group

HB² doesn't just apply to school. Can you think of activities outside of school where HB² would be useful?